



Positive Affirmation Coloring Pages

Color Your Way to Positivity

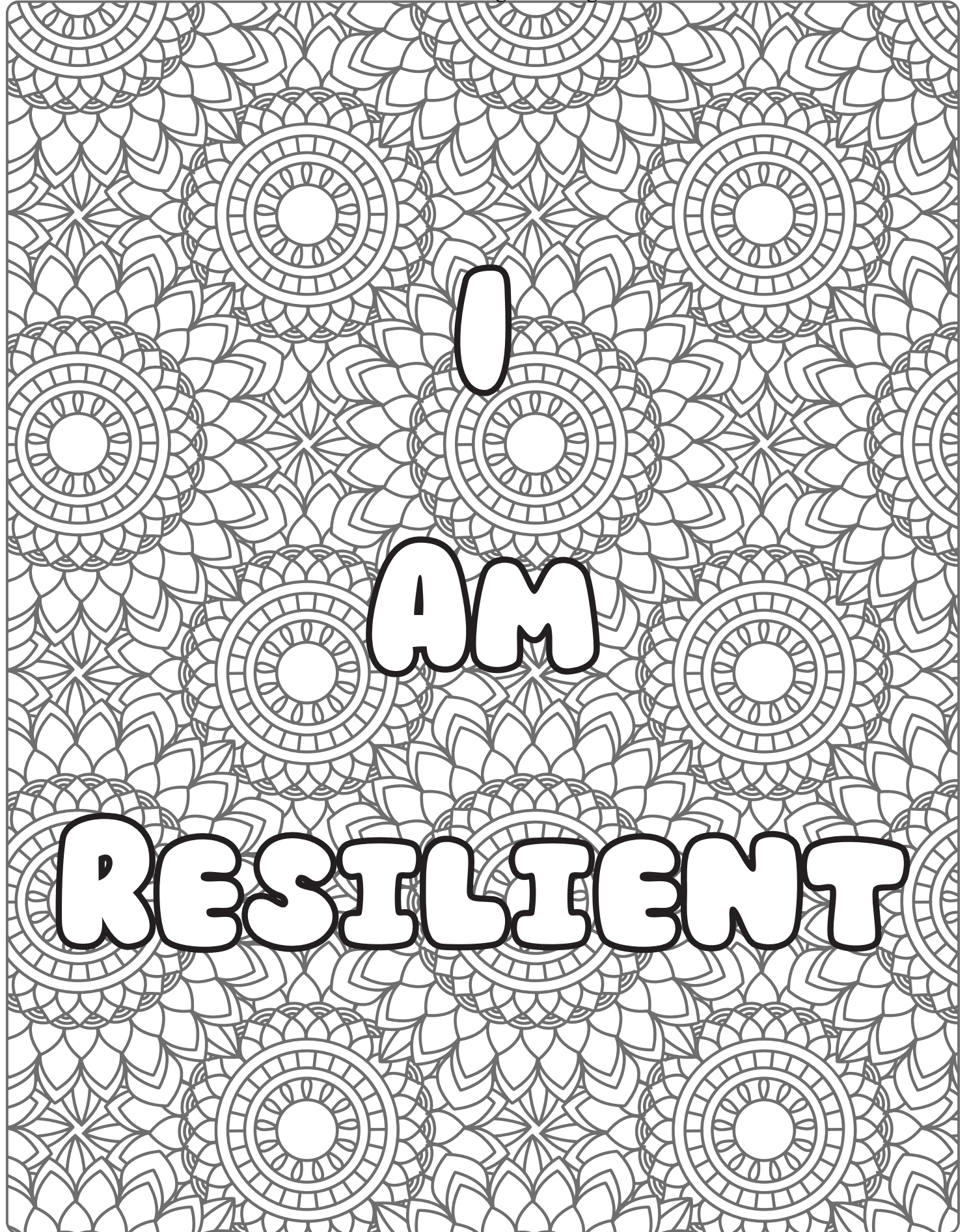
manifestHERstory.com

A decorative border with intricate floral and sun-like patterns surrounds the text. The patterns include stylized flowers, leaves, and sunbursts, rendered in a light gray line-art style.

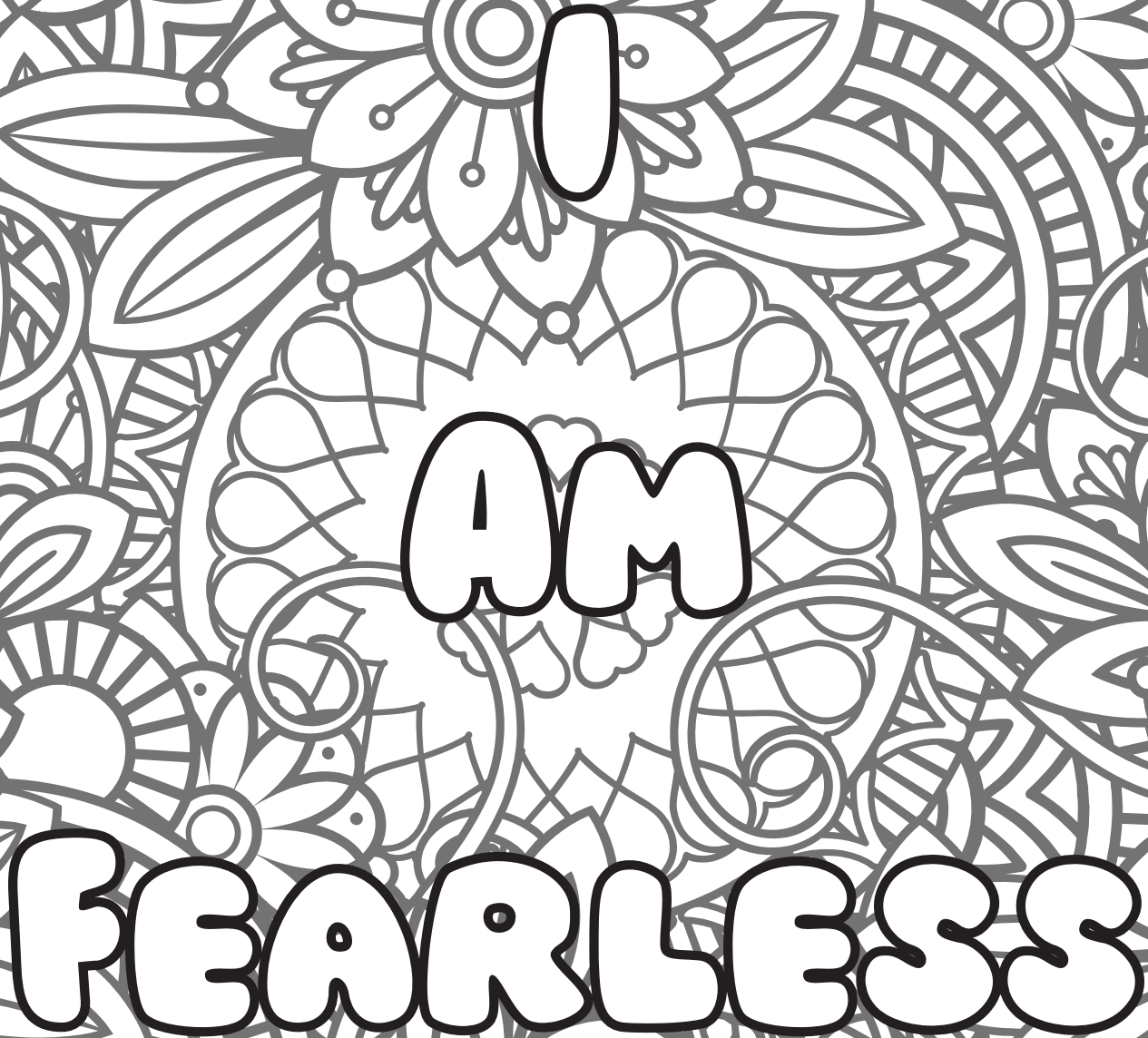
Coloring pages can come in handy when:

- Stress Relief: Coloring is a soothing activity that helps reduce stress and anxiety. It provides a calming effect, allowing you to unwind and relax.
- Mindfulness Practice: Coloring encourages mindfulness by focusing your attention on the present moment. It's a meditative practice that promotes mental clarity.
- Creativity Boost: It stimulates creativity and self-expression. You can choose colors, experiment with shading, and make each page uniquely yours.
- Positive Affirmations: The coloring pages include empowering "I Am" statements, reinforcing positivity and self-belief as you color.
- Artistic Outlet: Even if you're not an artist, coloring provides a creative outlet to express yourself visually.
- Quality Time: It's a wonderful activity to share with loved ones, including children. Coloring together fosters bonding and communication.
- Self-Care: Coloring is a form of self-care that allows you to prioritize your well-being and mental health.

I bounce back from challenges stronger than before.

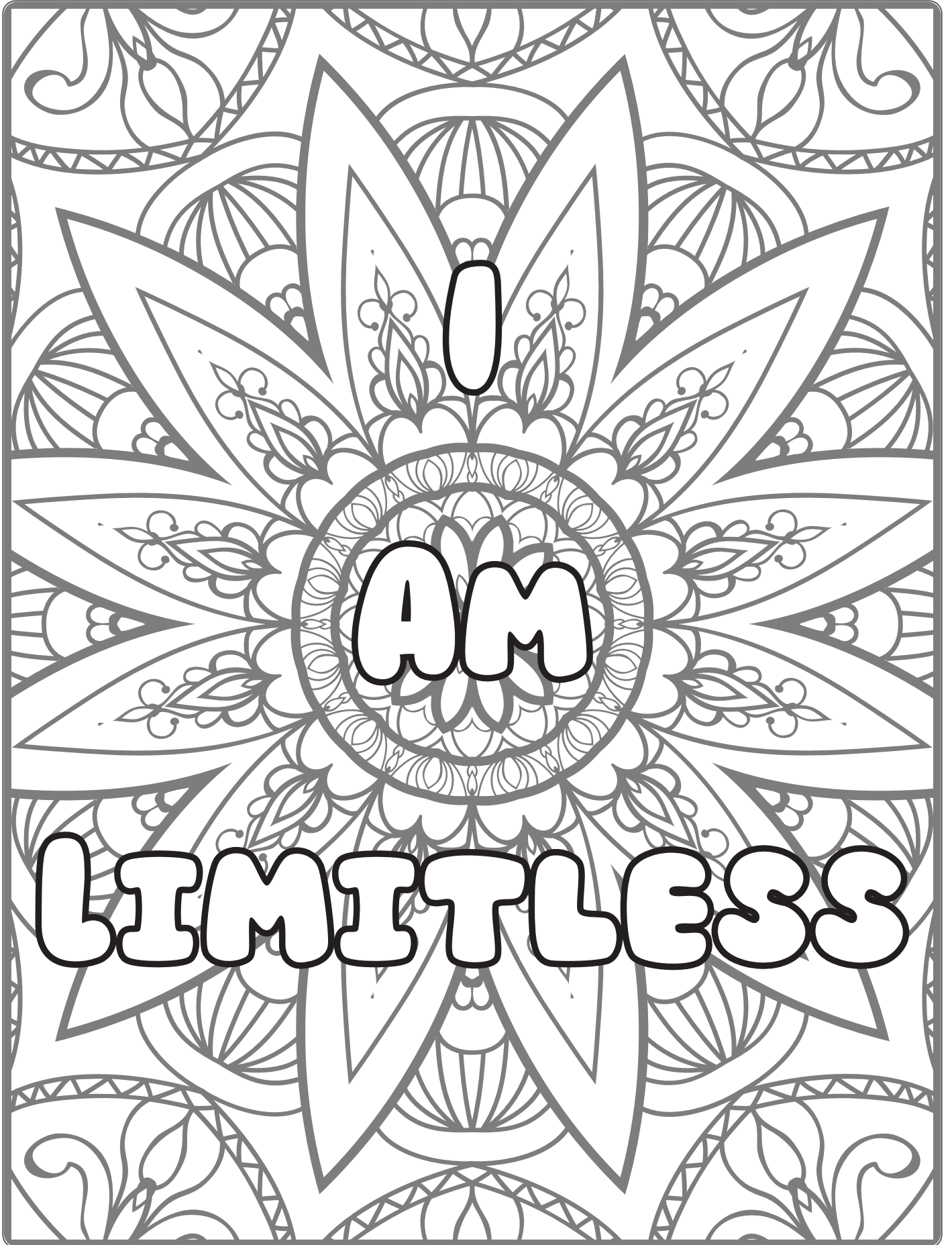


I embrace life's uncertainties with courage.

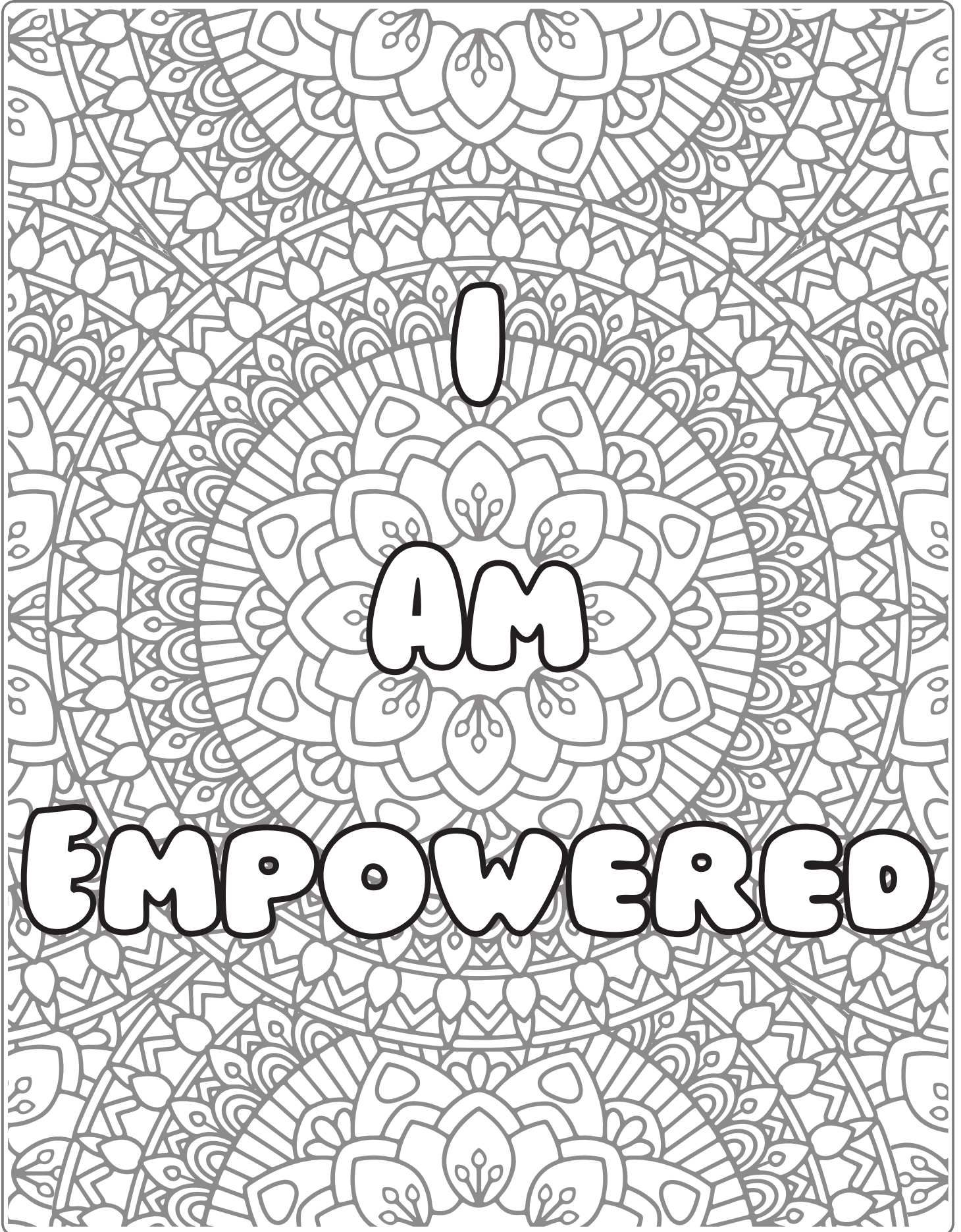


I
AM
FEARLESS

There are no boundaries to my potential.



I hold the power to shape my Future.

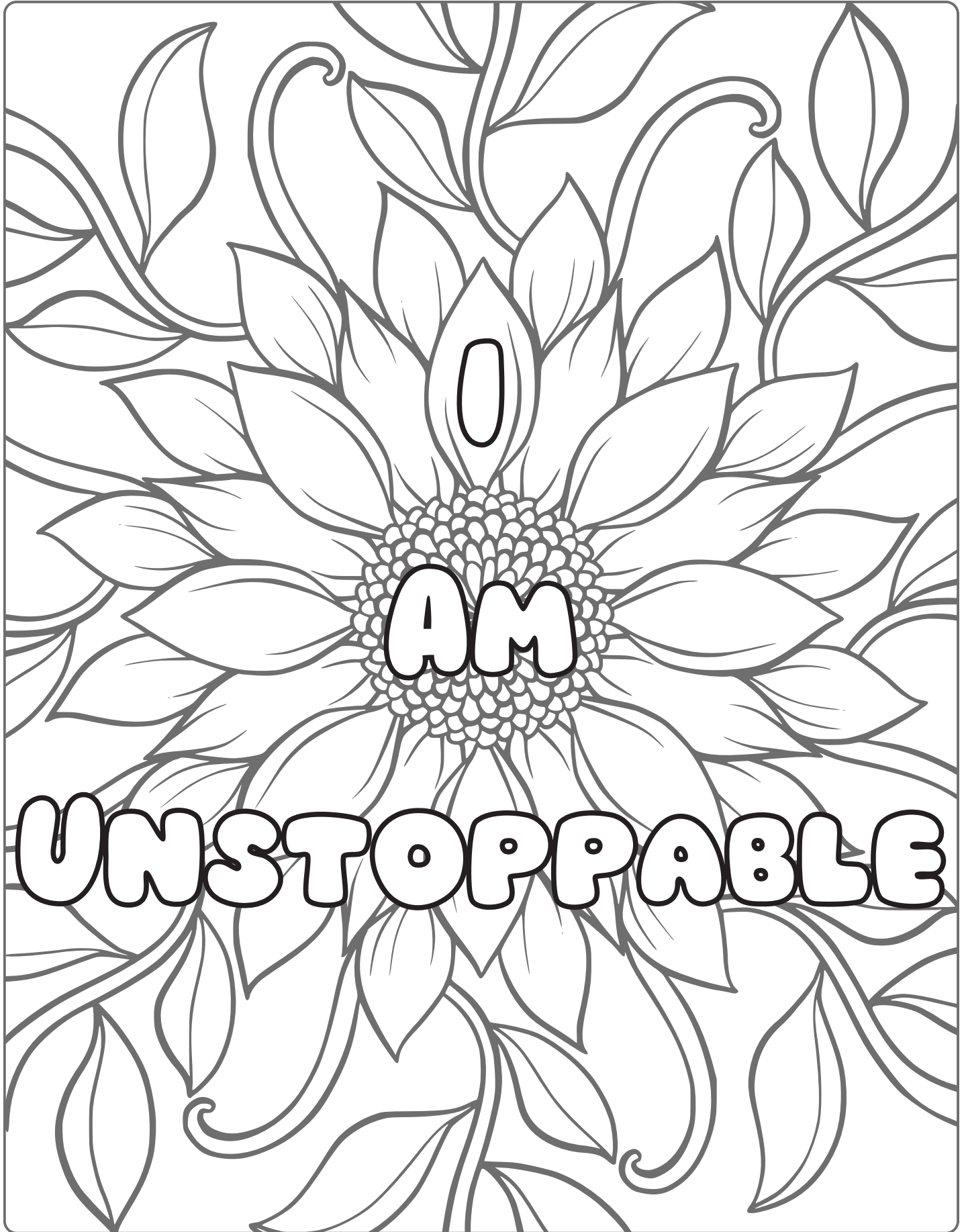


I

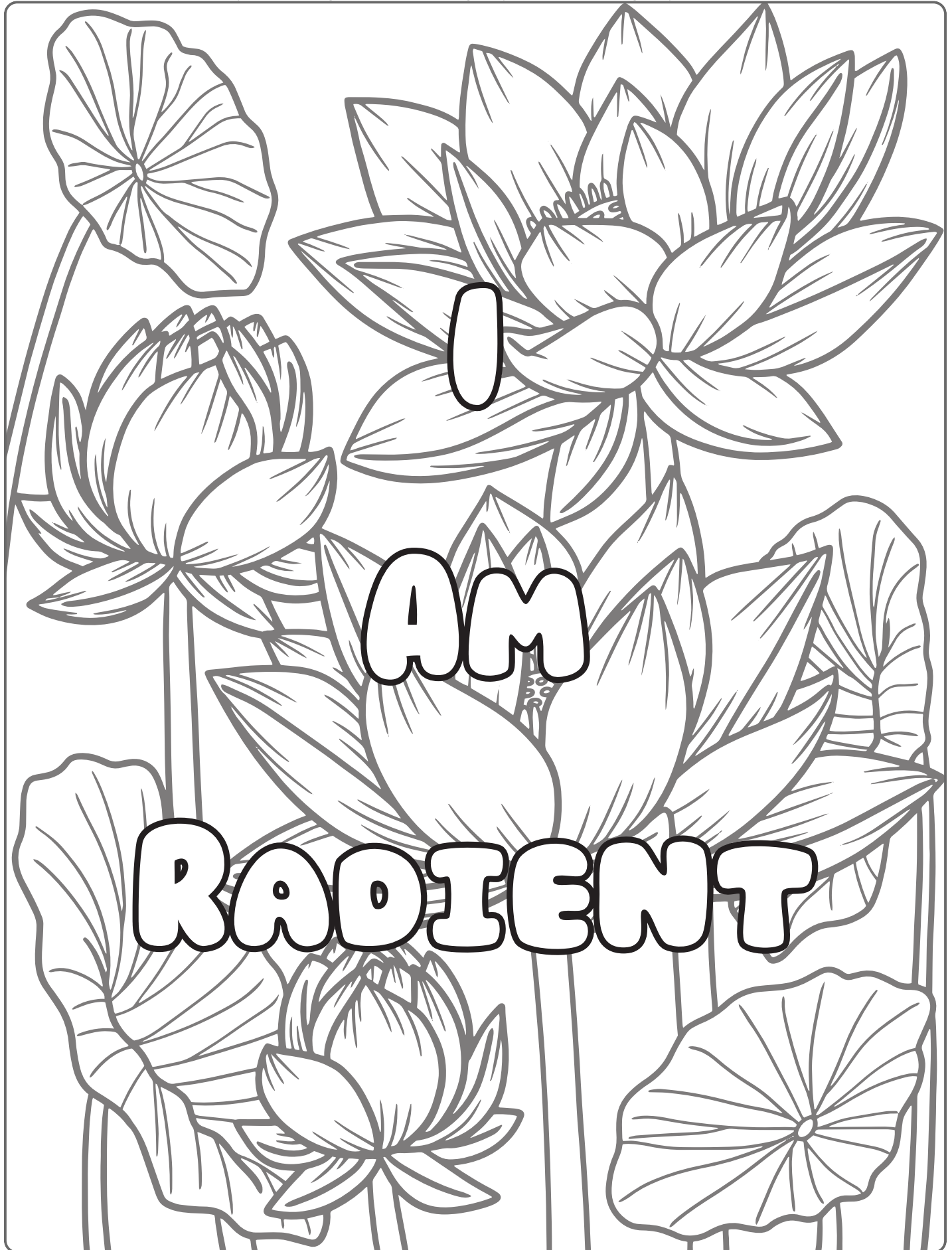
AM

EMPOWERED

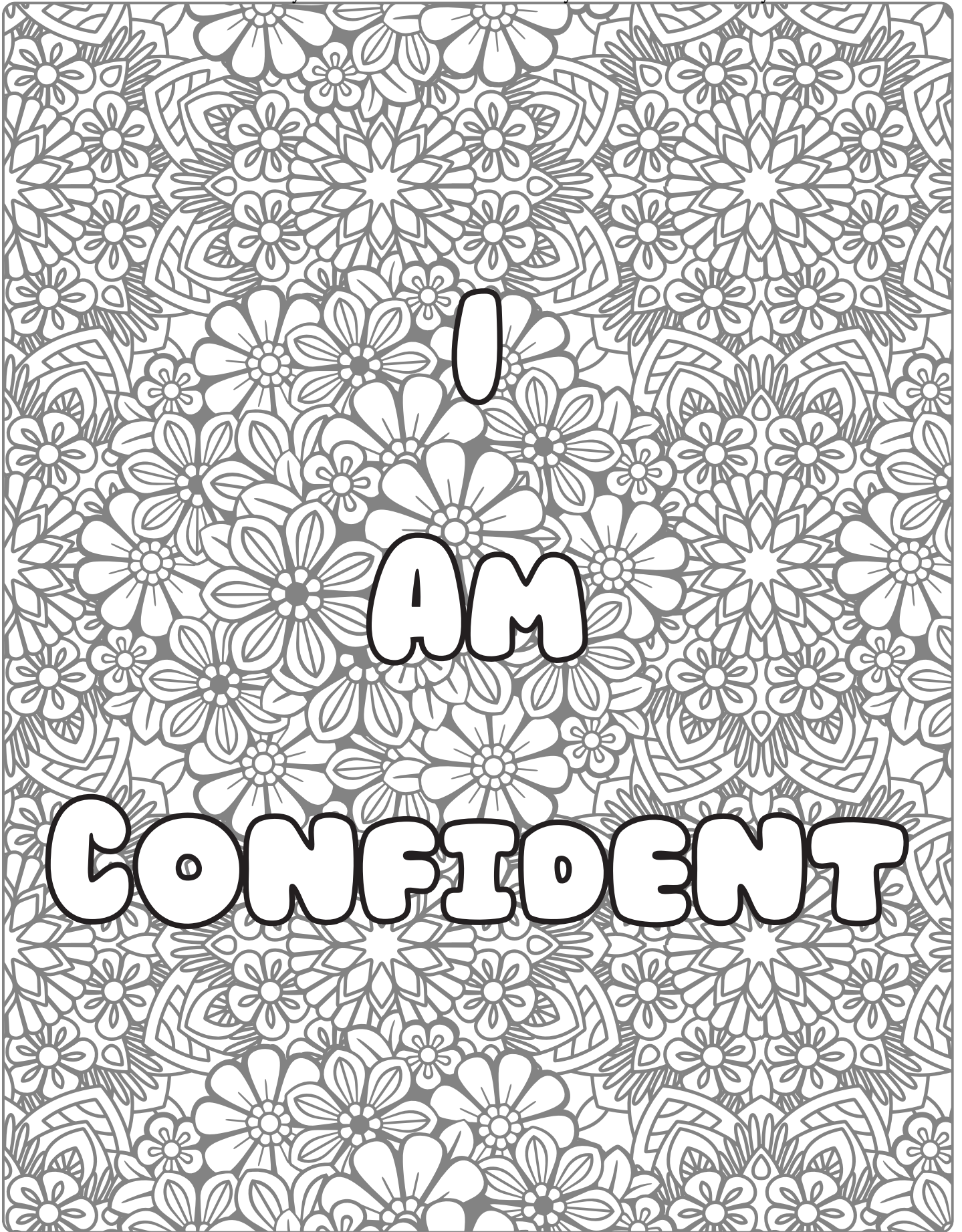
Nothing can stand in the way of my dreams.



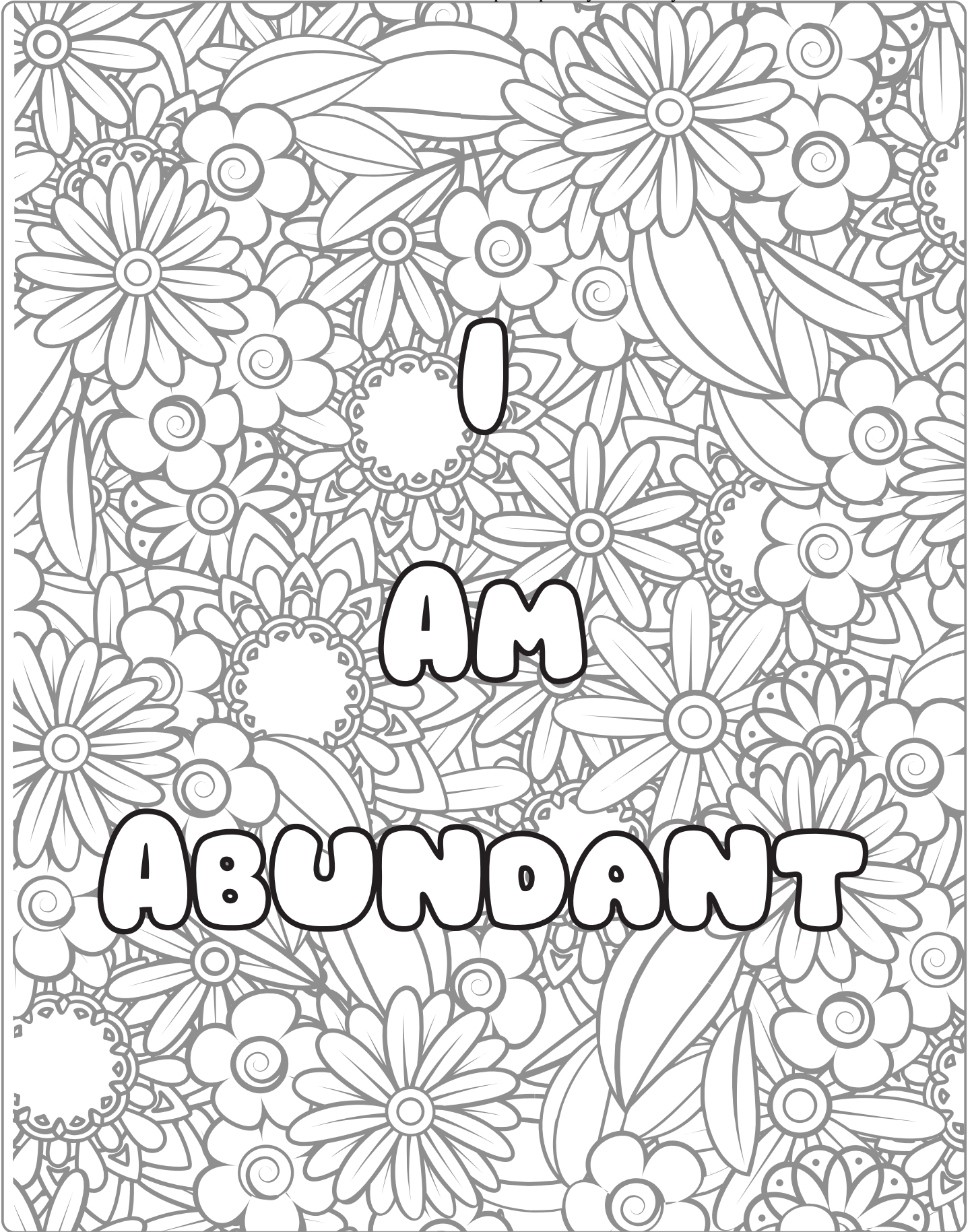
My inner light shines brightly, illuminating my path.



I trust in my abilities and believe in myself wholeheartedly.

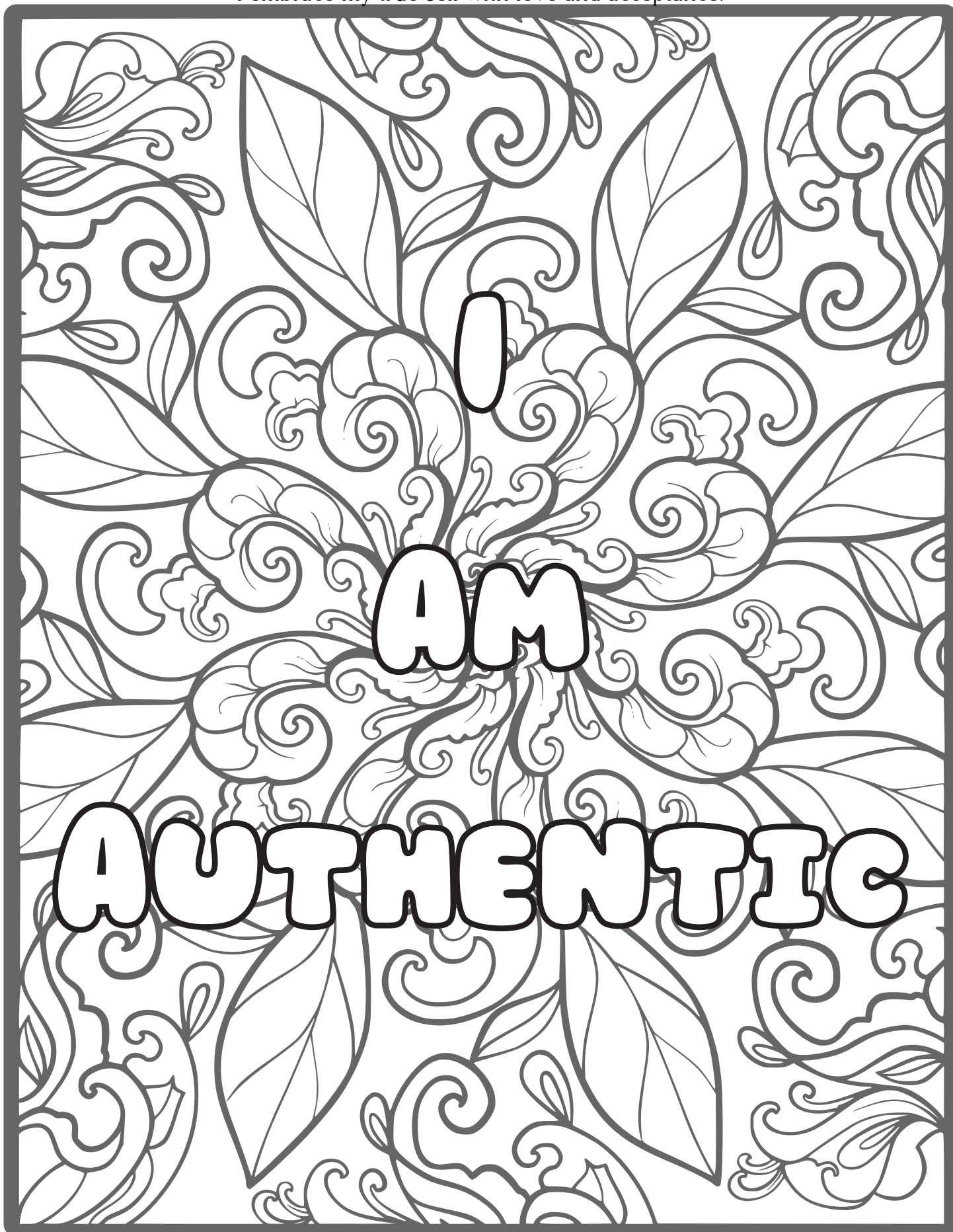


I attract abundance and prosperity into my life.



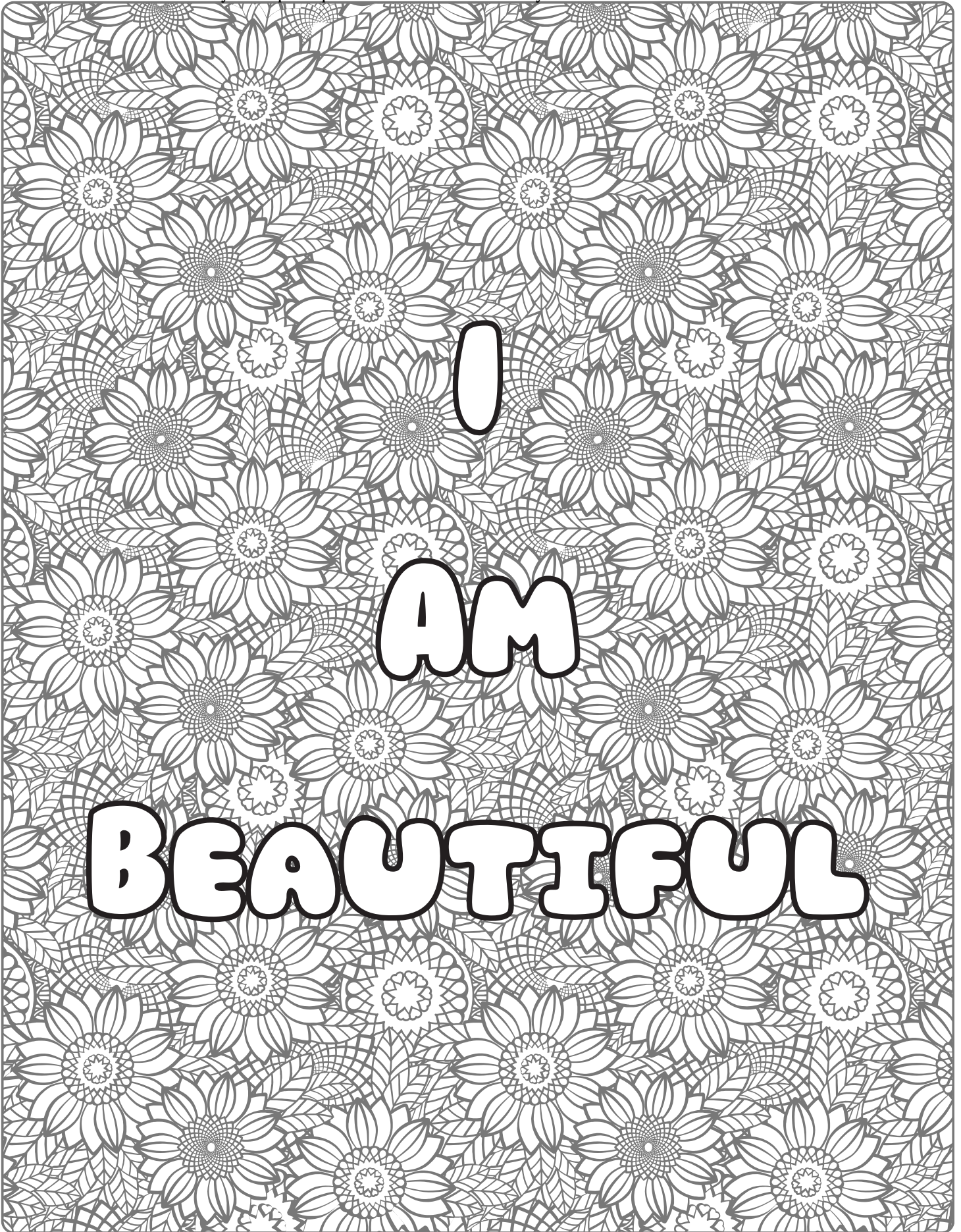
I
AM
ABUNDANT

I embrace my true self with love and acceptance.



I
AM
AUTHENTIC

My unique qualities radiate beauty, both inside and out.



I
AM
BEAUTIFUL